

**A Forum on Diabetes Policy for NYC: Comprehensive Approaches to Prevention and Management- January 17, 2007**

**Direct Links to Diabetes Management Information**

Topic	WEBSITE
Type 1 Diabetes	<a href="http://www.diabetes.org/type-1-diabetes.jsp">http://www.diabetes.org/type-1-diabetes.jsp</a>
Type 2 Diabetes	<a href="http://www.diabetes.org/type-2-diabetes.jsp">http://www.diabetes.org/type-2-diabetes.jsp</a>
Gestational Diabetes	<a href="http://www.diabetes.org/gestational-diabetes.jsp">http://www.diabetes.org/gestational-diabetes.jsp</a>
Pre-Diabetes	<a href="http://www.diabetes.org/pre-diabetes.jsp">http://www.diabetes.org/pre-diabetes.jsp</a>
Blood Sugar Levels	<a href="http://www.diabetes.org/type-2-diabetes/blood-glucose-checks.jsp">http://www.diabetes.org/type-2-diabetes/blood-glucose-checks.jsp</a>
A1C test	<a href="http://www.diabetes.org/type-2-diabetes/a1c-test.jsp">http://www.diabetes.org/type-2-diabetes/a1c-test.jsp</a>
Medication	<a href="http://diabetes.niddk.nih.gov/dm/pubs/medicines_ez/index.htm">http://diabetes.niddk.nih.gov/dm/pubs/medicines_ez/index.htm</a>
Diet and Nutrition	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/overview.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/overview.jsp</a>
Reading Food Labels	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/foodlabel.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/foodlabel.jsp</a>
Food Label Quiz	<a href="http://www.cfsan.fda.gov/~dms/flquiz1.html">http://www.cfsan.fda.gov/~dms/flquiz1.html</a>
Recipes	<a href="http://vgs.diabetes.org/recipe/index.jsp">http://vgs.diabetes.org/recipe/index.jsp</a>
Eating Out	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/eatingoutguide.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/eatingoutguide.jsp</a>
Meal Planning	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/diabetes-meal-plan.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/diabetes-meal-plan.jsp</a>
Meal Planning Exchange Lists	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/exchangelist.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/exchangelist.jsp</a>
Diabetes Food Pyramid	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/foodpyramid.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/foodpyramid.jsp</a>
What is in your Plate?	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/rate-your-plate.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/rate-your-plate.jsp</a>
Deserts and Sweeteners	<a href="http://www.diabetes.org/nutrition-and-recipes/nutrition/sweeteners.jsp">http://www.diabetes.org/nutrition-and-recipes/nutrition/sweeteners.jsp</a>
Weight Loss	<a href="http://www.diabetes.org/weightloss-and-exercise/weightloss.jsp">http://www.diabetes.org/weightloss-and-exercise/weightloss.jsp</a>
Exercise	<a href="http://diabetes.niddk.nih.gov/dm/pubs/physical_ez/index.htm">http://diabetes.niddk.nih.gov/dm/pubs/physical_ez/index.htm</a> <a href="http://www.diabetes.org/weightloss-and-exercise/exercise/overview.jsp">http://www.diabetes.org/weightloss-and-exercise/exercise/overview.jsp</a>
Diabetes Complications	<a href="http://diabetes.niddk.nih.gov/complications/index.htm">http://diabetes.niddk.nih.gov/complications/index.htm</a>
Diabetes and heart Diseases	<a href="http://www.diabetes.org/heart-disease-stroke.jsp">http://www.diabetes.org/heart-disease-stroke.jsp</a>
Diabetes Disparities	<a href="http://www.diabetes.org/diabetes-statistics.jsp">http://www.diabetes.org/diabetes-statistics.jsp</a>
Diabetes and African Americans	<a href="http://www.diabetes.org/communityprograms-and-localevents/africanamericans.jsp">http://www.diabetes.org/communityprograms-and-localevents/africanamericans.jsp</a>
Diabetes and Hispanics/ Latinos	<a href="http://www.diabetes.org/communityprograms-and-localevents/latinos.jsp">http://www.diabetes.org/communityprograms-and-localevents/latinos.jsp</a>
Diabetes and Native Americans	<a href="http://www.diabetes.org/communityprograms-and-localevents/nativeamericans.jsp">http://www.diabetes.org/communityprograms-and-localevents/nativeamericans.jsp</a>
Diabetes and Asian Americans/ Pacific Islanders	<a href="http://www.diabetes.org/communityprograms-and-localevents/asianamericans.jsp">http://www.diabetes.org/communityprograms-and-localevents/asianamericans.jsp</a>
Diabetes Prevention	<a href="http://www.diabetes.org/diabetes-prevention.jsp">http://www.diabetes.org/diabetes-prevention.jsp</a> <a href="http://ndep.nih.gov/campaigns/SmallSteps/SmallSteps_index.htm">http://ndep.nih.gov/campaigns/SmallSteps/SmallSteps_index.htm</a>

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**Resources for Diabetes Prevention and Control**

<b>Agency</b>	<b>Phone Number</b>	<b>Website</b>
American Association of Diabetes Educators	(800) Team-Up-4 (800) 832-6874	<a href="http://www.diabeteseducator.org">www.diabeteseducator.org</a>
American Diabetes Association	(800) DIABETES (800) 3-422-3837	<a href="http://www.diabetes.org">www.diabetes.org</a>
American Dietetic Organization	(800) 366-1655	<a href="http://www.eatright.org">www.eatright.org</a>
CDC Division of Diabetes Translation	(877) 232-3422 (800) CDC-INFO (800) 232-4636	<a href="http://www.cdc.gov/diabetes">www.cdc.gov/diabetes</a>
Diabetes Care Journal		<a href="http://care.diabetesjournals.org/">http://care.diabetesjournals.org/</a>
Greater New York City Area American Diabetes Association	(888) DIABETES (888)-3-422-3837	<a href="http://www.diabetes.org">www.diabetes.org</a>
Indian Health Services National Diabetes Program		<a href="http://www.ihs.gov/medicalprograms/diabetes/index.asp">www.ihs.gov/medicalprograms/diabetes/index.asp</a>
Juvenile Diabetes Research Foundation International	(800) JDF-CURE (800) 533-2873	<a href="http://www.jdf.org">www.jdf.org</a>
National Certification Board for Diabetes Educators	(847) 228-9795	<a href="http://www.ncbde.org">www.ncbde.org</a>
National Diabetes Education Program	(800) 438-5383	<a href="http://www.ndep.nih.gov/">http://www.ndep.nih.gov/</a>
National Diabetes Information Clearinghouse	(800) 860-8747	<a href="http://diabetes.niddk.nih.gov/">http://diabetes.niddk.nih.gov/</a>
National Institute of Diabetes and Digestive and Kidney Diseases	(800) 860-8747	<a href="http://www.niddk.nih.gov">www.niddk.nih.gov</a>
New York Online Access To Health (NYOA)		<a href="http://www.noah-health.org/en/endocrine/diabetes/">http://www.noah-health.org/en/endocrine/diabetes/</a>
New York State Diabetes Prevention and Control Program	(518) 474-1222	<a href="http://www.health.state.ny.us/diseases/conditions/diabetes/index.htm">http://www.health.state.ny.us/diseases/conditions/diabetes/index.htm</a>
The Office of Minority Health	(800) 444-6472	<a href="http://www.omhrc.gov/">http://www.omhrc.gov/</a>
US Department of Veteran Affairs	(202) 273-8490	<a href="http://www1.va.gov/diabetes/#veterans">http://www1.va.gov/diabetes/#veterans</a>

**RESOURCES ON DIABETES PREVENTION AND MANGEMENT POLICIES**

American Diabetes Association. Government Affairs and Advocacy. <http://www.diabetes.org/advocacy-and-legalresources/advocacy.jsp>

American Medical Association. diabetes-Related Policies. <http://www.ama-assn.org/ama/pub/category/9155.html>

Association of Asian Pacific Community Health Organizations. Diabetes Policy Position Paper, 2003. [http://www.aapcho.org/altruesite/files/aapcho/Policy\\_Papers/BALANCEPolicyPaper2003.pdf](http://www.aapcho.org/altruesite/files/aapcho/Policy_Papers/BALANCEPolicyPaper2003.pdf)

Department of Health and Human Services. National Agenda for Public Health Action: The National Public Health Initiative on Diabetes and Women's Health. Atlanta, GA: Department of Health and Human Services, Centers for Disease Control and Prevention, 2003. <http://www.cdc.gov/diabetes/pubs/pdf/actionplan.pdf>.

State Based Diabetes Prevention and Control Programs. <http://www.cdc.gov/diabetes/states/index.htm>

**Selected Recent References from Health Journals**

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Thorpe KE. Factors accounting for the rise in health-care spending in the United States: The role of rising disease prevalence and treatment intensity. *Public Health.* 2006 Nov;120(11):1002-7.